

Wahlburgers Salads Nutritional Information

Item Name	Ingredient Statement	Allergen Statement
Salads		
Jenn's Chicken Salad	Romaine, Chicken Breast with Rib Meat, Onions, Red Onion, Canola Oil, Extra Heavy Mayonnaise (Soybean Oil, Whole Eggs and Egg Yolks, Water, Distilled Vinegar, Salt, Sugar, Dextrose, Lemon Juice Concentrate, Calcium Disodium EDTA [Used to Protect Quality], Natural Flavors), Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Pure Honey, Apple Cider Flavored Distilled Vinegar (Distilled Vinegar [Diluted With Water to 5% Acidity], Natural Flavor, Caramel Coloring), Salt (Salt, Yellow Prussiate of Soda [Anti-caking Agent]), Dehydrated Garlic, Old Bay Seasoning (Celery Salt [Salt, Celery Seed], Spices [Including Red Pepper and Black Pepper], and Paprika), Black Pepper, Sushi Vinegar (High Fructose Corn Syrup, Distilled Vinegar [Diluted with Water], Salt, Rice Vinegar [Diluted with Water], Brown Sugar).	Contains Egg, Wheat.
Caesar Salad with Chicken	Romaine, Chicken Breast with Rib Meat, Sourdough Bread (Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Wheat Flour, Salt, Malted Barley Flour [Contains Wheat], Fumaric Acid and 2% or Less of Each of the Following: Acetic Acid, Lactic Acid, Fully Refined Soybean Oil, Granulated Sugar, Wheat Gluten, Calcium Propionate [to retain freshness], Dough Improver [Malted Wheat Flour, Enzymes and 2% or Less of Ascorbic Acid], Calcium Sulfate, Enzymes), Caesar Dressing (Water, Soybean Oil, Canola Oil, Distilled Vinegar, Parmesan Cheese [Pasteurized Milk, Culture, Salt, Enzymes], Rice Wine Vinegar, Romano Cheese [Pasteurized Milk, Culture, Salt, Enzymes], Salt, Modified Corn Starch, Dehydrated Garlic, Egg Yolks, Anchovy, Sugar, Xanthan Gum, Phosphoric Acid, Black Pepper, Corn Syrup, Sorbic Acid and Calcium Disodium EDTA [Used to Protect Quality], Natural Flavors, Lemon Juice Concentrate, Defatted Soy Flour, Spices [Mustard Seed, Celery Seed], Caramel Color, Garlic Powder, Yeast Extract, Tamarind Extract, Butter (Pasteurized Cream, Salt), Grated Parmesan Cheese (Parmesan Cheese [Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes], Corn Starch and Powdered Cellulose added to prevent caking, Potassium Sorbate [to Protect Flavor]), Dehydrated Garlic, Salt (Salt, Yellow Prussiate of Soda [Anti-caking Agent]), Parsley, Old Bay Seasoning (Celery Salt [Salt, Celery Seed], Spices [Including Red Pepper and Black Pepper], and Paprika), Canola Oil, Black Pepper.	Contains Anchovies, Egg, Milk, Soy, Wheat.
Street Corn Chicken Salad	Romaine, Chicken Breast with Rib Meat, Sweet Corn, Canola Oil, Mild Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes and Annatto [Vegetable Color], Potato Starch and Powdered Cellulose Added to Prevent Caking), Cotija Cheese (Pasteurized Grade A Milk, Salt, Enzymes, Cultures), Black Beans (Prepared Black Beans, Water, Salt, and Calcium Chloride [Firming Agent]), Tortilla Strips (Corn Masa Flour, Sunflower, Safflower and/or Canola Oil, Salt, Red 40, Blue 1, Blue 2), Lemon Juice, Red Onion, Granulated Sugar, Sour Cream (Cultured Cream, Enzyme), Extra Heavy Mayonnaise (Soybean Oil, Whole Eggs and Egg Yolks, Water, Distilled Vinegar, Salt, Sugar, Dextrose, Lemon Juice Concentrate, Calcium Disodium EDTA [Used to Protect Quality], Natural Flavors), Red Bell Pepper, Red Wine Vinegar (Red Wine Vinegar diluted with water to 5% acidity, Potassium Metabisulfite), Sherry Vinegar (Sherry Vinegar, Naturally Occuring Sulfites), Water, Fresh Lime Juice, Salt (Salt, Yellow Prussiate of Soda [Anti-caking Agent]), Dijon Mustard (Water, Mustard Seeds, Vinegar, Salt, White Wine, Sugar, Citric Acid, Spices, Potassium Metabisulfite), Jalapeno, Dehydrated Garlic, Old Bay Seasoning (Celery Salt [Salt, Celery Seed], Spices [Including Red Pepper and Black Pepper], and Paprika), Black Pepper, Lime Zest, Ground Cumin, Chili Powder (Chili Pepper, Spices, Garlic, Salt, Silicon Dioxide [to make free flowing]), Paprika.	Contains Egg, Milk.
Our Burger Salad	Romaine, Ground Beef Patty (Proprietary Blend of Angus Beef), Hamburger Bun (Flour [Wheat, Malted Barley], Water, Sugar, Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Potato Flakes [Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid], Yeast, Extra Virgin Olive Oil, Contains less than 2% of each of the following: Wheat Gluten, Salt, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Barley Malt Flour, Dextrose, Sunflower Lecithin, Enzymes, Ascorbic Acid, Calcium Propionate [Preservative]), Tomatoes, Onions, Dill Pickle (Cucumbers, Water, Vinegar, Salt, Fresh Garlic, Fresh Dill), Pasteurized Process American Cheese (Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid [Preservative], Citric Acid, Enzymes, Soy Lecithin, Color Added), Wahl Sauce (Ketchup [Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring], Mayonnaise [Soybean Oil, Corn Syrup, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% of Salt, Spice, Calcium Disodium (EDTA Added To Protect Flavor)], Yellow Onions, Rice Wine Vinegar, Canola Oil, Chili Sauce [Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Contains Sodium Bisulfate as Preservatives, Xanthan Gum], Salt, Flavoring and Coloring, Spices), Canola Oil, Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]).	Contains Egg, Milk, Soy, Wheat.
BBQ Bacon Salad	Romaine, Ground Beef Patty (Proprietary Blend of Angus Beef), Hamburger Bun (Flour [Wheat, Malted Barley], Water, Sugar, Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Potato Flakes [Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid], Yeast, Extra Virgin Olive Oil, Contains less than 2% of each of the following: Wheat Gluten, Salt, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Barley Malt Flour, Dextrose, Sunflower Lecithin, Enzymes, Ascorbic Acid, Calcium Propionate [Preservative]), Bacon (Cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Erythorbate, Sodium Phosphates, Sodium Nitrite), Avocado, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Potato Starch, Corn Starch and Calcium Sulfate added to Prevent Caking, Natamycin [A Natural Mold Inhibitor]), Barbecue Sauce (Ketchup [Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring], Apple Cider Vinegar, Brown Sugar, Onions, Honey, Soy Sauce [Water, Wheat, Soybeans, Salt, Sodium Benzoate (Less than 1/10 of 1% as a Preservative)], Chipotle in Adobo [Water, Tomato Paste, Dried Chipotle Peppers, Distilled Vinegar, Corn Oil, Contains 2% or Less of: Iodized Salt (Contains Potassium Iodate), Corn Starch, Onion Powder, Garlic Powder, Spices], Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Salt, Canola Oil, Flavoring and Coloring, Garlic Powder, Spices), Canola Oil, Jalapeno, Water, Apple Cider Flavored Distilled Vinegar (Distilled Vinegar [Diluted With Water to 5% Acidity], Natural Flavor, Caramel Coloring), Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]), Salt (Salt, Yellow Prussiate of Soda [Anti-caking Agent]), Lemon Juice, Black Pepper, Ground Coriander (Coriander).	Contains Milk, Soy, Wheat.

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Crispy Chicken BLT Salad	<p>Romaine, Breaded Chicken Breast (Boneless, Skinless Chicken Breast Filets with Rib Meat. CONTAINING: Up to 18% of a Solution of Water, Seasoning [Salt, Flavors, Maltodextrin, Sugar, Vegetable Stock {Carrot, Onion, Celery}, Garlic Powder], Modified Food Starch, Sodium Phosphates. BREADED WITH: Bleached Wheat Flour, Water, Wheat Flour, Salt, Contains 2% or less of the Following: Canola Oil, Dextrose, Disodium Inosinate and Disodium Guanylate, Dried Garlic, Dried Onion, Dried Yeast, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate], Modified Palm Oils, Soybean Oil, Spices, Turmeric Extract [Color], Wheat Gluten. Breeding Set in Vegetable Oil), Fully Cooked Bacon Pieces (Bacon [Cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May also contain Dextrose, Flavoring, Honey, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate]), Tomatoes, Mild Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes and Annatto [Vegetable Color], Potato Starch and Powdered Cellulose Added to Prevent Caking), Mayonnaise (Soybean Oil, Egg Yolk, Water, Vinegar, Sugar, Salt, Onion Powder, Garlic Powder, Lemon Juice Concentrate and Calcium Disodium EDTA [Added to Protect Flavor]), Buttermilk (Cultured Lowfat Milk, Contains Less Than 1% of Food Starch-Modified, Locust Bean Gum, Carrageenan, Nonfat Milk, Salt, Sodium Citrate, Mono- And Di-Glycerides, Vitamin A Palmitate, Vitamin D3), Canola Oil, Ranch Dressing Mix (Buttermilk, Maltodextrin, Salt, Onion & Garlic Powder, Sugar, Lactic Acid, Spices, Disodium Inosinate & Disodium Guanylate, Citric Acid, Yeast Extract, Natural Flavors, Xanthan Gum, Carboxymethylcellulose, Guar Gum), Water, Potassium Sorbate (Preservative).</p>	Contains Egg, Milk, Wheat.
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