

Holiday Meal Pack Side Dish Ingredients and Allergens Information

Item Name	Ingredient Statement	Allergen Statement
Sides		
Buttered Corn	Corn, Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]).	Contains Soy.
Cranberry Relish	Cranberries, Sugar, Apple Sauce (Apples, Water, Ascorbic Acid [To Maintain Color]), Celery, Pineapple Tidbits (Pineapple Tidbits, Pineapple Juice, Citric Acid), Water, Potassium Sorbate (Preservative).	
Green Bean Casserole	Green Beans (Green Beans, Water, Salt, Zinc Chloride [For Color Stabilization]), Condensed Cream of Mushroom Soup (Water, Mushrooms, Bleached Wheat Flour, Palm Oil, Salt, Modified Corn Starch, Cream, Soybean Oil, Whey, Corn Syrup Solids, Buttermilk, Sodium Caseinate, Dipotassium Phosphate, Yeast Extract, Natural Flavor), French Fried Onions (Onions, Palm Oil, Wheat Flour, Rice Flour, Salt, Dextrose), White Pepper.	Contains Milk, Wheat.
Holiday Potatoes with Cheddar	Shredded Potatoes, Sour Cream (Cultured Grade A Cream and Milk, Cream, Whey, Non-Fat Dry Milk, Modified Food Starch, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum, Natamycin [Natural Preservative], Potassium Sorbate [Maintains Freshness]), Seasoned Mashed Potatoes (Potatoes, Water, Skim Milk, Butter [Cream, Salt], Salt, Disodium Pyrophosphate [Added to Maintain Color], Potassium Sorbate [Added to Maintain Freshness], Spice), Cream of Chicken Soup (Chicken Stock, Chicken Meat, Cream (Milk), Modified Corn Starch, Bleached Wheat Flour, Salt, Corn, Chicken Fat, Sugar, Celery, Soybean Oil, Natural Flavors, Monosodium Glutamate, Soybean Lecithin, Carrot Powder, Autolyzed Yeast Extract, Maltodextrin, Gum Arabic, Spice), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Potato Starch and Powdered Cellulose [Anti-Caking Agents], Natamycin [Natural Mold Inhibitor]), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes and Annatto [Vegetable Color]), Potato Starch, Powdered Cellulose Added to Prevent Caking), Liquid Margarine (Liquid and Hydrogenated Soybean Oil, Water, Salt, Contains Less Than 2% of Vegetable Mono and Diglycerides, Soy Lecithin, Natural & Artificial Flavors, Beta Carotene [Color], Vitamin A Palmitate Added), Onions, Water, Corn Starch-Modified, Garlic Powder, Salt, Black Pepper, Xanthan Gum.	Contains Milk, Soy, Wheat.
Mashed Potatoes	Seasoned Mashed Potatoes (Potatoes, Water, Skim Milk, Butter [Cream, Salt], Salt, Disodium Pyrophosphate [Added to Maintain Color], Potassium Sorbate [Added to Maintain Freshness], Spice), Liquid Margarine (Liquid and Hydrogenated Soybean Oil, Water, Salt, Contains Less Than 2% of Vegetable Mono and Diglycerides, Soy Lecithin, Natural & Artificial Flavors, Beta Carotene [Color], Vitamin A Palmitate Added), Dehydrated Parsley.	Contains Milk, Soy.
Sage Dressing	Water, Onions, Bread Crumbs (Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], High Fructose Corn Syrup, Vegetable Shortening [Palm Oil], Salt, Contains 2% or Less of: Yeast, Grain Vinegar, Caramel Color, Soy Lecithin), Bread Crumbs (Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], High Fructose Corn Syrup, Vegetable Shortening [Palm Oil], Salt, Contains 2% or Less of: Yeast, Grain Vinegar, Soy Lecithin), Celery, Liquid Margarine (Liquid and Hydrogenated Soybean Oil, Water, Salt, Contains Less Than 2% of Vegetable Mono and Diglycerides, Soy Lecithin, Natural & Artificial Flavors, Beta Carotene [Color], Vitamin A Palmitate Added), Seasoning Blend (Salt, Spices [Including Turmeric], Sugar, Hydrolyzed Corn Protein, Yeast Extract, Dehydrated Chicken Broth, Onion & Garlic Powder, Natural Chicken Flavor, Carrot Powder), Sodium Benzoate (Preservative), Potassium Sorbate (Preservative).	Contains Soy, Wheat.
White Cheddar Macaroni	White Cheddar Sauce (Water, Butter [Cream, Salt], Monterey Jack Cheese [Cultured Pasteurized Milk, Salt, Enzymes], Skim Milk, Soybean Oil, White Cheddar Cheese [Pasteurized Milk, Cultures, Salt, and Enzymes], Whey, Food Starch Modified, Natural Dairy Flavors, Salt, Whey Protein Concentrate, Sodium Hexametaphosphate, Disodium Phosphate, DATEM, Chicken Base Flavor [Hydrolyzed Corn Gluten, Salt, Maltodextrin, Chicken Fat, Sodium Phosphate, Spices, Sucrose, Natural Flavors, Disodium Inosinate and Guanylate], Mustard Flour, Guar Gum, Yeast Extract, Sodium Alginate, Beta Carotene [Color], Sodium Benzoate and Potassium Sorbate [Preservatives]), Water, Pasta (Semolina [Wheat], Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Panko Bread Crumbs (Bleached Wheat Flour, Dextrose, Salt, Yeast), Sodium Benzoate (Preservative), Potassium Sorbate (Preservative), Parsley.	Contains Milk, Wheat.
Gravy (20 - 35 Cals)		
Turkey Gravy	Turkey Flavored Gravy (Water, Turkey Flavored Gravy Mix [Enriched Bleached Wheat Flour {Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Food Starch-Modified, Hydrolyzed Soy Protein, Whey, Turkey Fat, Salt, Flavors {Maltodextrin, Hydrolyzed Soy Protein, Torula Yeast, Flavor, Chicken Fat}, Onion Powder. Contains 2% or Less of: Autolyzed Yeast Extract, Silicon Dioxide {To Prevent Caking}, Torula Yeast, Caramel Color, Guar Gum, Disodium Isonate, Disodium Guanylate, Spices, Rendered Chicken Fat, Dried Yeast, Natural Flavors}, Turkey Crumbles [Ground Turkey, Water, 2% or less of Modified Food Starch, Salt, Natural Flavoring], Chicken Fat, Food Starch-Modified, Salt, Chicken Broth, Chicken Flavor [Chicken Broth, Flavor, Salt], Sugar, Hydrolyzed Corn Protein [Hydrolyzed Corn Protein, Salt, Sunflower Oil], Black Pepper, Onion Powder, Turmeric Powder [Salt, Oleoresin Turmeric {Color}], Yeast Extract, Dehydrated Garlic, Seasoning [Salt, Dextrose, Onion, Celery, Tricalcium Phosphate {To Prevent Caking}]).	Contains Milk, Soy, Wheat.
Beef Gravy	Water, Instant Beef Gravy (Modified Corn Starch, Pea Flour, Hydrolyzed Protein [Corn, Soy], Beef Fat, Maltodextrin, Salt, Yeast Extract, Sugar, Beef Extract, Natural Flavor, Caramel Color, Potassium Chloride, Onion Powder, Citric Acid, Disodium Guanylate, Disodium Inosinate, Paprika, Thiamine Hydrochloride, Garlic Powder, Spices).	Contains Soy.
Rolls (90 - 320 Cals)		
Jumbo Honey Butterflake Dinner Rolls	Jumbo Butter Flake Roll (Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Ascorbic Acid, Enzymes], Water, Margarine [{Palm Oil, Canola Oil}], Water, Sugar, Mono and Diglycerides, Soy Lecithin, Citric Acid, Artificial Flavor, Vitamin A Palmitate, Vitamin D3, Beta Carotene Color), Yeast, Sugar, Salt, Whey Powder [Milk] Butter, Wheat Gluten, Dough Conditioner [Flour, Datem, Ascorbic Acid], Natural and Artificial Flavor, Beta Carotene Color), Hon-ee Glaze (Corn Syrup, Water, High Fructose Corn Syrup, Sugar and 2% or less of each of the following: Honey, Pectin, Sodium Benzoate [Preservative], Agar, Artificial Flavor, Citric Acid, Caramel Color).	Contains Milk, Soy, Wheat.
Jumbo Honey Wheat Butterflake Rolls	Jumbo Wheat Butter-Flake Roll Dough (Enriched Flour [Wheat Flour, Ascorbic Acid Added as a Dough Conditioner, Enzyme, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Margarine [Palm Oil, Water, Modified Palm Oil, Canola Oil, Sugar, Monoglycerides, Soy Lecithin, Potassium Sorbate, Citric Acid, Artificial Flavor, Beta Carotene, Vitamin A, Vitamin D3], Sugar, Whole Wheat Flour [Whole Wheat Flour, Ascorbic Acid, Enzymes], Yeast, Liquid Whole Egg, Wheat Bran, Blackstrap Molasses, Salt, Whey Powder, Wheat Gluten, Natural and Artificial Flavour, Datem, Ascorbic Acid), Hon-ee Glaze (Corn Syrup, Water, High Fructose Corn Syrup, Sugar and 2% or less of each of the following: Honey, Pectin, Sodium Benzoate [Preservative], Agar, Artificial Flavor, Citric Acid, Caramel Color).	Contains Egg, Milk, Soy, Wheat.
Brown n Serve Rolls	Unbleached Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Granulated Sugar, Yeast, Nonfat Milk Powder (Nonfat Dry Milk, Lactose), Dried Egg (Whole Egg, Sodium Silicoaluminate), Sea Salt (Salt, Magnesium Carbonate).	Contains Egg, Milk, Wheat.