

Fast and Fresh Kids Meals Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fiber (g)	Sugar (g)	Added Sugars (g)	Prot (g)
Kids Meals												
Boneless Chicken Bites	1 portion	330	18	3	0	50	720	19	0	0	0	20
Cheeseburger	1 burger	630	34	12	1	90	870	47	1.21	15	12.09	32
Grilled Cheese	1 sandwich	480	20	8	0	30	1230	58	2	0	0	18