

Breakfast Sandwiches Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fiber (g)	Sugar (g)	Added Sugars (g)	Prot (g)
<b>Morning Melt with English Muffin</b>												
Morning Melt, Bacon	1 sandwich	450	32	11	0	215	790	25	1	2	1	16
Morning Melt, Plant Based Sausage	1 sandwich	500	34	13	0	210	850	31	2	3	1	17
Morning Melt, Sausage Patty	1 sandwich	680	51	17	0	275	1450	25	1	2	1	29
Morning Melt, Turkey Sausage	1 sandwich	490	33	12	0	245	970	25	1	2	1	21
<b>Morning Melt with Biscuit</b>												
Morning Melt, Bacon	1 sandwich	660	48	21	0	220	1620	39	1	4	0.99	17
Morning Melt, Plant Based Sausage	1 sandwich	710	50	22	0	210	1690	45	2	5	0.99	19
Morning Melt, Sausage Patty	1 sandwich	890	67	27	0.5	275	2290	39	1	4	0.99	31
Morning Melt, Turkey Sausage	1 sandwich	700	49	21	0	245	1800	39	1	4	0.99	23
<b>Farmhouse Sandwich</b>												
Farmhouse Sandwich	1 sandwich	660	45	22	0	455	1340	35	1.3	4	0	27