

Breakfast Classics Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fiber (g)	Sugar (g)	Added Sugars (g)	Prot (g)
Biscuits and Gravy												
Biscuits and Sausage Gravy	1 biscuit + gravy	470	28	16	0	35	1450	45	1	4	0.99	9
Biscuits and Sausage Gravy	2 biscuits + gravy	950	56	32	0	75	2900	90	2	9	1.98	17
Breakfast Burrito												
Burrito with Sausage and Fresh Fruit	1 entrée	1290	86	42	0	730	1830	82	3.78	17	0	47
Burrito with Sausage and Homestyle Potatoes	1 entrée	1590	108	56	0	790	1850	105	2.47	10	0	50
Burrito with Plant Based Sausage and Fresh Fruit	1 entrée	1180	75	40	0	680	1450	90	5.13	18	0	39
Burrito with Plant Based Sausage and Homestyle Potatoes	1 entrée	1490	97	54	0	740	1470	113	3.82	11	0	42
Burrito with Turkey Sausage and Fresh Fruit	1 entrée	1170	74	39	0	725	1590	82	3.78	17	0	45
Burrito with Turkey Sausage and Homestyle Potatoes	1 entrée	1480	96	53	0	785	1620	105	2.47	10	0	48
Oatmeal												
Oatmeal	1 bowl	560	6	2	0	5	60	112	8.08	59	55.57	13
Blueberries	2 oz	30	0	0	0	0	0	8	1.36	6	0	0
Raisins	2 oz	170	0	0	0	0	15	44	2.83	37	0	1
Cinnamon Roll												
Cinnamon Roll	1 cinnamon roll	1020	52	23	0	35	440	128	4	69	66.47	12