

Breakfast Options Ingredients and Allergens Information

Item Name	Ingredient Statement	Allergen Statement
<b>Create Your Own Toppings</b>		
American Cheese	Processed American Cheese Slices (Cultured Mild and Skim Milk, Cream, Sodium Citrate, Salt, Color Added, Sorbic Acid [Preservative], Enzymes, Soy Lecithin [Non-Sticking Agent]).	Contains Milk, Soy.
Cheddar Cheese	Mild Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes and Annatto [Vegetable Color], Potato Starch and Powdered Cellulose Added to Prevent Caking).	Contains Milk.
Pepper Jack Cheese	Pepper Jack Cheese (Cultured Pasteurized Milk, Red and Green Jalapeno Peppers, Salt, Enzymes).	Contains Milk.
Swiss Cheese	Swiss Cheese (Pasteurized Part Skim Milk, Cheese Culture, Salt, Enzymes).	Contains Milk.
Hickory House Bacon	Bacon (Cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).	
Ham	Smoked Ham Steak (Cured with: Water, Salt, Sugar, Contains 2% of less of Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, Sodium Lactate. Sodium Diacetate, Flavor).	
Sausage	Pork Sausage Patty (Pork, Water, Salt, Spices, Sugar, BHA, BHT, Propyl Gallate, Citric Acid).	
Bell Peppers	Green Bell Pepper, Red Bell Pepper.	
Jalapenos	Jalapeno.	
Mushrooms	Mushrooms.	
Red Onions	Red Onion.	
Spinach	Spinach.	
Tomatoes	Roma Tomato.	
<b>Sides</b>		
Fresh Fruit	Cantaloupe, Honeydew Melon, Strawberries, Pineapple, Grapes.	
Homestyle Potatoes	Russet Potato, Butter (Pasteurized Cream, Natural Flavorings).	Contains Milk.
<b>Toast Choices</b>		
Sourdough	Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Unbleached Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]), Nonfat Milk Powder (Nonfat Dry Milk, Lactose), Soybean Oil, Sea Salt (Salt, Magnesium Carbonate), Dry Instant Yeast Gold (Yeast, Sorbitan Monostearate, Ascorbic Acid).	Contains Milk, Soy, Wheat.
Unbleached White	Unbleached Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]), Sea Salt (Salt, Magnesium Carbonate), Dry Malt (Malted Barley, Wheat Flour, Dextrose), Instant Dry Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid).	Contains Soy, Wheat.
Unbleached Wheat	Ancient Whole Grain Wheat Bread Mix (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Oat Meal, Whole Wheat Flour, Sugar, Flaxseed, Chopped Rye, Sunflower Seeds, Wheat Gluten, Wheat Bran, Cracked Wheat, Contains Less than 2% of Millet, Salt, Soybean Oil, Barley Flakes, Cultured Wheat [Wheat Flour, Water, Sour Dough Cultures], Sesame Seeds, Whole Grain Triticale Flour [Wheat], Whole Grain Yellow Corn Flour, Quinoa, Molasses Powder [Molasses, Wheat Starch], Enzymes, Lactic Acid, Calcium Lactate), Water, Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]), Yeast.	Contains Sesame, Soy, Wheat.
Marble Rye	Water, Marble Rye Bread Base (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Rye Flour, Soybean Oil, Salt and 2% or Less of Each of the Following: Sugar, Ground Caraway Seed, Calcium Stearoyl Lactylate [CSL], Calcium Propionate [Preservative], Molasses Powder [Molasses, Wheat Starch], Acetic Acid, Lactic Acid, Fumaric Acid, Monocalcium Phosphate, Ground Dill Seed, Calcium Carbonate, Onion Powder, Corn Starch, Enzymes [Contains Wheat], Potassium Iodate, Ascorbic Acid [Vitamin C], Natural Flavor), Pumpnickel Base Mix Bread (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Wheat Flour, Rye Flour, Whole Grain Rye Meal and 2% or Less of Each of the Following: Salt, Caramel Color, Wheat Gluten, Soybean Oil, Ground Caraway Seed, Sugar, Lactic Acid, Calcium Propionate [Preservative], Ground Dill Seed, Enzymes [Contains Wheat], Ascorbic Acid [Vitamin C]), Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]), Yeast, Soybean Oil.	Contains Soy, Wheat.
Jumbo Biscuit	Country Style Jumbo Biscuit (Enriched Bleached Wheat Flour [Wheat Flour, Niacin, Iron as Ferrous Sulfate, Thiamine Mononitrate, Enzyme, Riboflavin, Folic Acid], Skim Milk, Palm Oil, Leavening [Sodium Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate], Buttermilk, Water, Soybean Oil, Sugar, Salt, Artificial Flavor, Soy Lecithin), Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]).	Contains Milk, Soy, Wheat.
English Muffin	English Muffin (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Contains 2% or Less of the Following: Cornmeal, Sugar, Wheat Gluten, Distilled Vinegar, Salt, Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate], Cultured Wheat Flour, Fumaric Acid, Enzymes, Mineral Oil [Processing Aid], Non-GMO Soybean Oil, Organic Skim Milk), Butter Alternative (Soybean Oil, Palm Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [color]).	Contains Milk, Soy, Wheat.
<b>Meat Choices</b>		
Hickory House Bacon	Bacon (Cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).	
Sausage Links	Sausage (Pork, Water, Salt, Spices, Dextrose, BHT, Citric Acid, Propyl Gallate, Beef, Collagen Casing).	
Sausage Patties	Pork Sausage Patty (Pork, Water, Salt, Spices, Sugar, BHA, BHT, Propyl Gallate, Citric Acid).	
Turkey Sausage Patties	Turkey Sausage (Turkey, Water, Contains 2% or Less Seasoning (Salt, Sugar, Spices, Dextrose, Natural Flavor, BHA, BHT, Citric Acid), Natural Flavor (Potato Maltodextrin, Natural Flavor, Gum Arabic, Salt).	

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Plant-Based Sausage Patties	Plant Based Breakfast Sausage (Water, Soy Protein Concentrate, Coconut Oil, Canola Oil, Isolated Soy Protein, Less than 2% of Spice, Natural Flavorings, Salt, Sunflower Oil, Soy Fiber, Dextrose, Potato Starch, Red Beet Juice Concentrate [For Color], Paprika Oleoresin [For Color], Cultured Dextrose, Maltodextrin [From Corn, Tapioca and Potato], Methylcellulose, Citric Acid, Soy Lecithin).	Contains Soy.
Ham	Smoked Ham Steak (Cured with: Water, Salt, Sugar, Contains 2% of less of Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, Sodium Lactate. Sodium Diacetate, Flavor).	